

Sports Camp Packing List 2023

Print this packing list for an easy checklist for the first day!

The items below will need to be sent with your camper each day.

- Water Bottle – Reusable is best!
 - Lunch – best to send with an icepack!
 - Snacks
 - Bathing Suit
 - Towel for swimming
 - Epi-pens or Inhalers your camper will need at camp.
 - Sunscreen
 - Sport specific equipment (Check out the Overall Sports Calendar which has the equipment needed for each program).
 - Bug Spray
 - Extra set of clothes if desired – campers will change into and out of their bathing suits each day.
- Typically, campers will bring a sports bag or backpack, but it's completely up to you and your camper to determine what will be best for them.

Please make sure to label each item with your camper's name. An email will be sent home if other items are needed prior to the start of the week.